

# NORTHERN LIGHT TECHNOLOGIES

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*The BOXelite* is designed to bring spring and summer outdoor light levels into your home or office for years to come. Follow the short assembly instructions and your lamp is ready for use.

We recommend that you use the lamp for a period of **20-30 minutes each day**, preferably first thing in the morning. When you are using the lamp you should be seated at a distance of **17 inches** and it should be placed directly in front of you. You do not need to look directly at the light, although it is not harmful to glance up at it periodically.

Please note that some medications, such as lithium, melatonin, tetracycline, St. John's Wort, phenothiazines, hematoporphyrins, acne creams, creams with retinoic acid, chloroquine, can make you very sensitive to light.

## Maintenance:

The lamp should not require maintenance other than occasional dusting. The lamp must be switched off and unplugged before being cleaned. The surface of the lamp can be cleaned with a damp cloth.

Replacement bulbs:

Manufacturer	Part Number
OSRAM / SYLVANIA	FT36DL-835
PHILIPS	PL-L36W/835/4P

Although the fluorescent tubes are rated at 20,000 hours, their light output declines with usage. Tubes should be replaced every two years if the unit is used as a regular desk lamp, 8-hours a day. A fluorescent tube may break if severely jarred. Northern Light Technologies sells replacement tubes.

## Warranty:

We undertake to repair or replace a defective lamp at no charge for a period of 5 year. Shipping costs to our plant must be paid for by you. You must call us at **800 263-0066** before returning a unit.

## Guarantee:

Not all vendors have the same merchandise return policy. Only the sale conditions stipulated by your vendor apply.

## WARNING:

*If you have a health problem, if you have been told you must wear sunglasses in bright light, or if you have a history of eye problems, please consult a health-care professional before using our lamp.*

## Assembly Instructions:

The stands are fastened with knobs. On each knob, first insert a nylon washer, then pass it through the hole in the stand and add another nylon washer then screw tightly.