

NORTHERN LIGHT TECHNOLOGIES

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INSTRUCTIONS FOR USE

The SHOWoff is a track-mounted ceiling fixture. It will provide therapeutic light levels to a fairly large work area. All subjects in the photo above are being exposed to 3,000 to 4,000 Lux. Ideal for shift workers, and for areas where employees need to stay alert. The SHOWoff is incredibly energy efficient; it uses only 54 Watts. The SHOWoff delivers 4,000 Lux at 3 feet and 2,800 Lux at 4 feet. To receive therapeutic benefits from the light it needs to shine in your eyes. You do not need to look directly at the light, but you may glance at it periodically. Keeping regular sleep/wake hours and exercising (outdoors when possible) are also very beneficial. Note: unit will achieve maximum brightness only 2 minutes after it is turned ON.

PROBLEMS

Inspect the bulb to see that it is properly screwed into the socket, and that it is not cracked or broken.

MAINTENANCE

These are unique bulbs, please contact us for replacements.

WARRANTY

Northern Light Technologies undertakes to repair or replace a defective lamp at no charge for a period of 7 years. Shipping costs to our plant must be paid by you. Call us at **1-800-263-0066** before returning a unit.

GUARANTEE

For a period of 60 days after purchase we will refund the total paid, less \$35 for shipping and restocking. If the lamp was not purchased from us, please see vendor for return policy.

PROFESSIONAL INSTALLATION IS STRONGLY ADVISED

1. Turn off the breaker.

2. Remove any old fixture and expose the black and white wires from your electrical box.

3. Remove the live end from the track and remove the cover (keep it aside with the screw).

4. Pass the wires through the wire inlet. Attach the white wire from your electrical box to one of the live end screws. Attach the black wire to the other live end screw. Attach the green wire (ground) from the live end to the copper (ground) wire in your electrical box.

5. Screw the cover back on the live end.

6. Install a plate as necessary (plate not included). Measure the distance from the wall to align the track. Then mark the track location.

7. MAKE SURE the SCREWS GO INTO WOOD.

If they do not go into wood, install heavy duty ceiling anchors. Loosen the screw on the back of the live end to allow it to slide into the track, then tighten the screw. Now use the large screws provided to fasten the track to the ceiling.

8. Have someone help you hold up the SHOWoff while you place the adaptors in the track. Rotate the adaptor switches to LOCK them in place.

9. Turn the breaker back on. Now turn it on, enjoy and showoff.

NOTE: **DO NOT USE WITH A DIMMER.**

This unit will only reach MAX BRIGHTNESS after 2 MINUTES.

If you flip the switch on and off quickly, wait 2 seconds before turning it on again.

